

THERAPEUTIC RECREATION



IS THERAPEUTIC RECREATION RIGHT FOR YOU?

If you want to help improve the quality of life of individuals with disabilities, illnesses, and other limitations through leisure and recreation involvement, this is the program for you.

Dalhousie is one of only a few schools in Canada offering graduates the preparation to write an exam from the National Council for Therapeutic Recreation Certification (NCTRC) to become a Certified Therapeutic Recreation Specialist (CTRS).

dal.ca/hahp

FACULTY OF HEALTH PROFESSIONS

SCHOOL OF HEALTH AND HUMAN PERFORMANCE

Dalhousie University

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902.494.2152

WHAT WILL I LEARN?

The Therapeutic Recreation degree consists of core courses and electives and in the final term of the program, students take part in a full-time internship, allowing for valuable professional experience.

Students take courses such as:

- Foundations and Concepts of Therapeutic Recreation
- Leisure and Individuals with Disabilities
- Therapeutic Recreation Service Delivery
- Counselling for Health and Well-Being
- Youth At Risk
- Addiction and Mental Illness
- Aging and Lifestyle

The program also includes an honours option, to which students may apply in year three. This enriched program provides students with a valuable opportunity to gain research experience with mentorship from a Therapeutic Recreation faculty member.

WHAT CAN I DO WITH A DEGREE IN THERAPEUTIC RECREATION?

Graduates of the Therapeutic Recreation degree may find employment in a variety of areas as members of interdisciplinary teams in the health care and recreation sectors. Therapeutic Recreation services are offered in various treatment, residential, and community-based health and human services agencies for people of all ages.

Students may also choose to pursue further study in Recreation/Leisure Studies or in other health-related areas at the graduate level.

WHY CHOOSE THERAPEUTIC RECREATION AT DAL?

From day one, students in this limited enrolment program form close ties with professors and fellow students through small class sizes and a supportive and collaborative learning environment both inside and outside the classroom. Students also benefit from all that Dalhousie has to offer as an internationally recognized institution – a vast array of supports and services, interprofessional health education, an incredible breadth of extracurricular activities, clubs and societies, recreational activities, and access to professionals in the field in our own community and beyond.

Upon graduation, our students are well-rounded and prepared for a meaningful career and ready to make an impact on the health of individuals of all ages and abilities.

WHAT ARE THE ENTRANCE REQUIREMENTS?

High School:

Completion of grade 12 with a minimum average of 70% in five university preparatory courses, including English (minimum 70%).

Transfer Students:

A minimum 2.30 GPA is required as well as English, from high school or university/college, with a minimum grade of 70%.

Please note that meeting the minimum requirements does not guarantee admission to the program.

Deadline to apply: June 1

FOR INFORMATION CONTACT:

For more detailed information on the program, curriculum, course descriptions, faculty and staff, career options, student life and more, please visit the web site at dal.ca/hahp or call **902.494.2152**.

